

BHBIRochester.org
Published Monthly
Vol. 52/No 5
Tevet-Adar 5778
February 2018

Congregation Beth Hamedresh – Beth Israel

BULLETIN

Editor: Stan Schaffer

President: Steve Teitel
Treasurer: Ira Cohen

First Vice-President: Stan Schaffer
Financial Secretary: Harris Honickman

Second Vice-President: Paula Bobb
Recording Secretary: Nina Klionsky

February President's Message

Friends,

This past month our weekly parashot have recounted the story of the Exodus from Egypt. I am sure you all remember the various plagues brought upon Egypt as Moshe negotiated with Pharaoh to let the people go. The eighth of those plagues was the swarm of locusts. The purpose behind sending the locusts was for them to devour all the grain in Egypt (that had survived the previous plagues) causing severe famine and so weakening the resolve of Pharaoh. But one could wonder, why worry about the grain when the locusts themselves are quite tasty and a good source of protein? Did you know that locusts are among the few insects that are regarded as kosher to eat? And pareve to boot!

So it was with interest that I came upon an article on the BBC website, "Eating locusts: The crunchy, kosher snack taking Israel by storm" (<http://www.bbc.com/news/magazine-21847517>). Not only are locusts kosher and pareve, like fish they do not require any ritual slaughter. Chef Moshe Basson of the Eucalyptus restaurant in Jerusalem suggests, "Drop them into a boiling broth, clean them off, and roll in a mixture of flour, coriander seeds, garlic and chili powder. Then deep-fry them." Or, "Pan-frying is another good option, and they are 'crunchy, tasty and sweet,' says Basson, when mixed with caramel and sprinkled into meringue." Yum, I am getting ideas for my next sponsored kiddush! According to the BBC article, locusts are high in protein, zinc and iron, and emit little in the way of greenhouse gases (as opposed to cows whose flatulence is a significant source of atmospheric methane, I kid you not!). This theme is continued in an article that appeared in the Forward, "Are the Fried Locusts in My Taco Kosher?" (<https://forward.com/food/390901/are-the-fried-locusts-in-my-taco-kosher/>). This article describes the Israeli startup Hargol FoodTech, which is the world's largest commercial grasshopper farm. They market both ground up locusts for protein powder, as well as whole locusts, for energy bars, sports shakes, pasta sauces, cookies and chips. Interest in their product has been expressed by PepsiCo, Coca Cola, General Mills, Whole Foods, and other food giants. So if zoning for the Whole Foods grocery store in Pittsford is ever approved, you know what to go in and ask for!

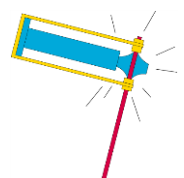
On a more serious note, in February BHBI will be participating with other local small synagogues in a program from The Center for Judaism and Conflict Resolution of the Pardes Institute in Jerusalem, called "The 9AdarProject" (<https://www.9adar.org>). From their website, "The 9Adar Project seeks to cultivate a culture of constructive conflict across personal, political, religious and other divides. The 9th of the Hebrew month of Adar marks the day that two thousand years ago healthy disagreements 'for the sake of Heaven' between Beit Hillel and Beit Shammai turned destructive, and it serves as a powerful reminder of what can happen when these values and skills are neglected." As part of the program we will "practice constructive controversy through engaging in a mock-Sanhedrin exercise" using the 9Adar 2018 conflict scenario, 'Keep or cancel the controversial speaker? You decide!' The program will take place at 7 pm on Saturday February 24th, following the conclusion of Shabbat. The location is still to be determined, so watch for an email with further information.

See you in shul,

Steve Teitel



Join Us and Friends from Temple Beth Am
and Temple Beth David for Purim Fun at
BHBI on Wednesday Evening, February 28th



BHBI CALENDAR OF EVENTS – FEBRUARY 2018

Saturday	Feb 3	9:30 AM	Shabbat Morning Services Torah: Yitro
Sunday	Feb 4	9:00 AM	Service, Breakfast and Discussion
Friday	Feb 9	7:00 PM	Joint Shabbat Evening Service with Temple Beth Am at Beth Am (TBK Room 103)
Saturday	Feb 10	9:30 AM	Joint Shabbat Morning Service with Temple Beth Am at BHBI Blessing of the New Month Torah: Mishpatim (Shabbat Shekalim)
Sunday	Feb 11	9:00 AM	Service, Breakfast and Discussion
Monday	Feb 12	7:30 PM	BHBI Board of Trustees Meeting
Saturday	Feb 17	9:30 AM	Shabbat Morning Service Torah: Terumah
Sunday	Feb 18	9:00 AM	Service, Breakfast and Discussion
Wednesday	Feb 21	7:30 PM	Small Conservative Shul Collaborative Torah Study at BHBI
Saturday	Feb 24	9:30 AM	Shabbat Morning Service Torah: Tetzaveh
Sunday	Feb 25	9:00 AM	Service, Breakfast and Discussion
Wednesday	Feb 28	6:30 PM	Joint BHBI, Temple Beth Am & Temple Beth David Purim Celebration, Purim Spiel and Megillah Reading at BHBI

SHABBAT CANDLELIGHTING TIMES

Friday, Feb. 5 – 5:06 PM
 Friday, Feb. 12 – 5:15 PM
 Friday, Feb. 19 – 5:25 PM
 Friday, Feb. 26 – 5:34 PM

SMALL CONSERVATIVE SHUL COLLABORATIVE TORAH STUDY

Our next Small Conservative Shul Collaborative Torah Study session will be scheduled on Wednesday, February 21st at 7:30 p.m. at BHBI.

MAKE YOUR PURCHASES AT AMAZON.COM AND SUPPORT BHBI AT THE SAME TIME!

Why not contribute to BHBI while making on-line purchases? It's easy to make purchases on-line at Amazon.com and support BHBI financially at the same time. Just go to the BHBI web page at www.BHBIRochester.org and click on the Amazon.com link. Each time you make a purchase after linking to Amazon.com from our web page, BHBI gets a percentage of the purchase price. The more you buy in this way, the more BHBI makes!

BHBI WEBSITE

Have you checked out the BHBI web site lately? If you haven't there is a lot that you're missing. The web site at www.BHBIRochester.org provides information about many aspects of our congregation, lists the BHBI calendar, has electronic versions of this and previous bulletins going back several years, has an extensive history of our congregation along with historic photos, includes photos from several BHBI dinners, picnics and other special events, and has the unique Adon Olam Songbook with information on over 100 melodies for Adon Olam.

SAVE THE DATE

In preparation for Purim, we will be baking hamentashen and preparing mishloach manot packages on Sunday, February 25th. If you are willing and able to help out, contact Andrea Paprocki at chanamalkany@yahoo.com or at 334-9254.

ORDER MISHLOACH MANOT FOR PURIM

Once again this year, we are having our Purim mishloach manot fundraiser in conjunction with Temple Beth Am. Complete the order form on Page 5 and send it in to Temple Beth Am by February 16th.

DONATIONS THANK YOU FOR YOUR GENEROSITY!

GENERAL FUND

Leon Metlay and Nina Klionsky

In memory of Benjamin Lapidés

Suzanne Jacobs

In memory of Celia Lapidés

Suzanne Jacobs

In memory of Morris Gurian

Suzanne Jacobs

In memory of Esther Gurian

Suzanne Jacobs

In memory of Nathan Goldberg

Phil Garver

THANK YOU TO OUR KIDDUSH SPONSORS FOR THE MONTH OF JANUARY

January 6	The Congregation
January 13	Sylvia Rose and Paul Rosenfeld in honor of the 100 th birthday of Sylvia's father, Ralph Rose Steve and Ruth Teitel in memory of Ruth's father, Jack Glazer
January 20	Leon Metlay and Nina Klionsky
January 27	Jill Clark-Foulkes in memory of her father, Stanley Clark

EVENTS IN THE COMMUNITY

The Jewish Federation's Super Sunday is Coming Up Soon!

The Federation's Super Sunday fundraising event is coming up on February 11th. Please be generous with your donation when you are called!

Jewish Values in Action Daytime Film Series

Voices from El Sayed (2009, 75 minutes), Tuesday, February 13th, 1pm; JCC Hart Theater

In honor of Jewish Disability Awareness Month – free admission, no registration required

El-Sayed is a picturesque Bedouin village in the Israeli Negev desert. It also has the largest percentage of deaf people in the world. There are no hearing aids because in El-Sayed deafness is not a handicap. What happens when one man decides to change his deaf son's fate and make him a hearing person using the Cochlear Implant Operation? How do we both embrace who we are and what technology can help us become or achieve?

Talk-back with Luane Davis Haggerty, PhD, Principal Lecturer at NTID Department of Cultural and Creative Studies, RIT.

For more information, contact Joy Getnick at 461-2000.

The 9Adar Project's Jewish Week of Constructive Conflict

In 2013, the Pardes Center for Judaism and Conflict Resolution declared the 9th of Adar as the Jewish Day of Constructive Conflict. In 2016, it became the 9Adar Project: Jewish Week of Constructive Conflict. The Jewish Week of Constructive Conflict is dedicated to increasing public awareness around the values and skills of constructive conflict as well as awareness of organizations that work to promote these values and skills year round. We will participate in a related event on February 24th.

What is Constructive Conflict? Constructive conflict means advocating for one's needs and opinions while taking into consideration the opposing needs and opinions of others. Conflicts turn destructive when one side attempts to advance their needs or opinions without acknowledging opposing needs and opinions. In Jewish tradition, constructive conflict is known as *mabloket l'shem shamayim* (disagreements for the sake of Heaven). It includes arguing the issues while respecting and maintaining good relationships with the other side, making sure that one's personal motivation is to come to the best solution and not just to 'win', at times admitting to being wrong and acknowledging that sometimes both sides might be right.

Yahrzeits

At the following Shabbat Services, we will read the names of our late loved ones whose Yahrzeits will occur on that Shabbat or during the following week.

February 2-3	Shevat	February 9-10	Shevat -Adar	February 16-17	Adar	February 23-24	Adar
Paul Israel	18	Bert Falk*	25	Werner Schaffer	2	Edith Berkowitz*	10
Gitla Perkal*	18	Mariom Bernstein*	27	Philip Schiff*	3	Samuel Goldstein*	10
Samuel Spencer	18	Ada Goldstein*	27	Betty Glaser	4	Fanny Tecler Levinson*	10
Besse Gold	20	Samuel Keyfetz*	27	Anna Ruderman*	4	Max Metlay	10
Benjamin Lapidés*	20	Lottie Fink*	29	Hyman Sablowsky*	4	Jennie Goldstein Robinson*	11
Simon Pogal*	21	Rose Ring*	29	Celia Lapidés*	5	Eva Jenny Cenzer*	13
Jacob Rubenstein*	21	Boris Schwarts	30	Dora Newell*	6	Rose Riwkin*	13
E. Sarah Maltinsky*	23	Sam Finkelstein*	1	William Schwartz*	6	Marion Carton Gulack	14
						Gussie Gillenson Bernstein*	15
						Irvin Boyar*	15
						Stanley Muszynski	15
*Denotes name memorialized on BHBI Memorial Plaque							

We pray that our mourners will be comforted among all the mourners of Zion and Jerusalem and that the memory of the deceased continues to be a blessing to all who knew them.

MEMORIAL PLAQUES

You can also memorialize a friend or loved one on a BHBI memorial plaque. Our memorial plaques are very reasonably priced. For more information, contact Stan Schaffer at 473-8072 or stanschaffer@frontiernet.net

*Rochester's
Jewish Funeral Home**Establishing
a New Tradition*

BRIGHTON MEMORIAL CHAPEL, INC.

*Graveside, Temple or Chapel Services.
Now respectfully maintaining the PARSKY records.*

427-8520

Jarrold M. Krieger
owner & 4th generation Rochesterian
www.BrightonMemorialChapel.com3325 Winton Road South
S/W corner of Jefferson & Winton Rds

So far our **TOPS** Gift Card fundraiser has been quite successful. Remember, **TOPS** Gift Cards are now available through BHBI in \$50 denominations. To purchase **TOPS** Gift Cards, contact Stan Schaffer at 473-8072 or by e-mail at stanschaffer@frontiernet.net

CEMETERY PLOTS

Did you know that BHBI has designated sections at Stone Road, Britten Road and Mt. Hope Cemeteries and that we sell cemetery plots? If you would like more information, contact Steve Teitel.

AD SPONSORS

We are always looking for additional businesses that are interested in placing an ad in the BHBI Bulletin. If you know of someone whose business or company may be interested, contact Stan Schaffer at 473-8072 or by e-mail at stanschaffer@frontiernet.net


GOODSEARCH.COM

Goodsearch.com is an on-line internet search program that pays non-profit organizations like BHBI a fee every time someone uses their search service. Go to www.goodsearch.com, enter the search term that you want and put in BHBI on the line where it says Who Do You Goodsearch For? BHBI will benefit from each search you make!

Mishloach Manot Order Form 2018

TEMPLE BETH AM	
<input type="checkbox"/> Helen Arditi	<input type="checkbox"/> David & Candace Rubin
<input type="checkbox"/> Sam & Shelli Asher	<input type="checkbox"/> Cantor Sara Ruderman
<input type="checkbox"/> Iris Auerbacher	<input type="checkbox"/> Ami Schmerl
<input type="checkbox"/> Louis Babin & Family	<input type="checkbox"/> Martin & Laurel Schneiderman & Family
<input type="checkbox"/> Paul & Debbie Breeze-Garelick	<input type="checkbox"/> Leonard & Joan Schwartz
<input type="checkbox"/> Jerome & Barbara Caplan	<input type="checkbox"/> Barry Shapiro
<input type="checkbox"/> Ann Cohen	<input type="checkbox"/> Peter & Fredda Silverstein
<input type="checkbox"/> Mitchell Ehrenberg & Ruth Goldberg	<input type="checkbox"/> Jay & Christine Skolnick
<input type="checkbox"/> Joel & Lisa Elliot	<input type="checkbox"/> Jackie Sonders
<input type="checkbox"/> Marvin & Eileen Fishman	<input type="checkbox"/> Ruth Steinberg-Barnhart & Family
<input type="checkbox"/> Sharon Garelick	<input type="checkbox"/> Lee Stolberg
<input type="checkbox"/> Daniel & Lesley Glowinsky	<input type="checkbox"/> Dotty Tulin
<input type="checkbox"/> Rabbi Geoffrey Goldberg	<input type="checkbox"/> Robin & Daniel Uebelacker & Family
<input type="checkbox"/> Ronnie Guillet	<input type="checkbox"/> Fay Wagman
<input type="checkbox"/> Gerald & Roberta Kaplan	<input type="checkbox"/> Darlene Yaravitz
<input type="checkbox"/> Anne Kosoff	
<input type="checkbox"/> Debbie & Peter Kummer	
<input type="checkbox"/> Susan Lippman	Write-in's. Use extra paper if necessary.
<input type="checkbox"/> Aaron Marsh	
<input type="checkbox"/> Ronna Marsh	
<input type="checkbox"/> Leon Metlay & Nina Klionsky & Family	
<input type="checkbox"/> Herbert & Estelle Morris	<input type="checkbox"/> Entire Beth Am List Only - \$30
<input type="checkbox"/> Bruce & Candi Nelson	
<input type="checkbox"/> Giulia Paris	
<input type="checkbox"/> Don & Phyllis Rosenbaum	

CONGREGATION BETH HAMEDRESH-BETH ISRAEL	
If you would like to only send to specific members of BHBI instead of all BHBI members, please write in the names below. Sending to BHBI members is only \$1 for each household.	
BHBI prefers that their member names not be published, so if you are not sure about someone's name, please do the best that you can, and if there is any confusion, we will call you for clarification.	
_____	<input type="checkbox"/> Entire BHBI list only - \$30



Entire BA/BHBI List - \$50

This year the Mishloach Manot will be a joint event by Temple Beth Am and Cong. Beth Hamedresh Beth Israel. Each Congregation's membership has a separate listing. If you want to send to your entire congregation the cost is \$30. If you want to send Purim wishes to both congregations the cost is \$50. If you only want to pick a few names, the cost is \$1 per name for members, \$5 for write-in non-members, \$11 for write-in non-members outside Monroe County.

Instructions:

1. Check off on the list above, those people on whose packages you want your name to appear.
2. We need help baking at the Hamentaschen Bake-In on Sunday, February 25th, at 10 am at BHBI. Please call Andrea Paprocki , 334-9254 if you can help.
3. We need help to deliver the packages on Thursday, March 1st. call Aaron Marsh, 334-7224 if you can help
4. Please return this completed form to and a check to:

Temple Beth Am
2131 Elmwood Ave
Room 103
Rochester, NY 14618

**Return this Form with a check
no later than February 16th**

Enclosed is \$ _____ for _____ names checked or written above	OR
\$30.00 for (check one)	
<input type="checkbox"/> Temple Beth Am's entire list or	
<input type="checkbox"/> BHBI's entire list	OR
<input type="checkbox"/> the Special Deal of \$50.00 for both lists	
Name _____	
Address _____	
Phone _____	
	Circle one:
<input type="checkbox"/> Beth Am	<input type="checkbox"/> BHBI
_____ We will be out of town for Purim (Feb. 28-March 1) don't make a box for us, but please mail a postcard with the Mishloach Manot names on it.	



Garden of Delights Concert

Mark your calendar for Sunday afternoon, February 4th at 3 pm for an hour-plus-long concert by Gossamer Edge trio (Allyn Van Dusen, voice, Rita George Simmons, flute, and our own Paula Rodney Bobb, piano). They will be exploring music with thematic connections to garden riches in a delightful concert of late 19th and early 20th century compositions. The first half pairs pieces with similar names or even the same poem to show how differently (and beautifully) the same idea can be expressed musically. Composers include Higdon, Faure, Saint-Saens, Delibes, Caplet, and Schubert.

The second half features the stunningly direct and lyrical poetry of Rabindranath Tagore (1861-1941), a Nobel Prize winning poet from Calcutta, who is rightfully regarded as a major figure in his homeland and around the world. Come learn more about Tagore and hear unexpectedly lovely treatments of his words in music by Russian and American composers, including Rochester's own Cary Ratcliff. The music will be interlaced with poetry readings from Tagore's major works.

The wonderful acoustics and gorgeous Tiffany stained-glass windows of the sanctuary of Downtown United Presbyterian Church suit this music perfectly.

Sunday, February 4, 2018 at 3 pm, Downtown United Presbyterian Church, 121 North Fitzhugh Street, Rochester. Tickets available at the door, \$10 general, \$7 student with ID (cash/checks only)



OFFICE: The synagogue office is checked regularly for mail and messages. The synagogue phone is 244-2060. For urgent issues, call Steve Teitel at 473-5741 or Stan Schaffer at 473-8072. You can also e-mail us at BHBIRochester@gmail.com

WANT TO REMEMBER OR HONOR SOMEONE OR A SPECIAL OCCASION? *Consider sponsoring a kiddush or making a donation to any one of our funds* (General Fund, Kiddush Fund, Harry Rogachefsky BHBI Building Fund, Torah Fund, Rabbi Aaron Solomon Scholarship Fund, Special Events Fund or the Sam Malina Memorial Fund). Please indicate which fund you would like your donation to go to and we will send out an acknowledgement card as you indicate and print an announcement in this bulletin. A standard sponsored kiddush at BHBI costs just \$40 while a larger enhanced kiddush is just \$50.

BULLETIN CONTENT What do you enjoy reading in the BHBI Bulletin? Is there something that you would like added (or taken out)? If so, please let Stan Schaffer know. We always appreciate feedback.

DID YOU MISPLACE YOUR BULLETIN? Don't worry. BHBI Bulletins going back several years can now be found on our web page: www.BHBIRochester.org

WANT TO GET YOUR BULLETIN HOT-OFF-THE-PRESS? Consider having us e-mail it to you! Contact Stan Schaffer at: stanschaffer@frontiernet.net

Congregation Beth Hamedresh-Beth Israel
1369 East Avenue
Rochester, NY 14610