

BHBIRochester.org
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Editor: Steve Teitel

Congregation Beth Hamedresh – Beth Israel

BULLETIN

*President: Leon Metlay
Treasurer: Ira Cohen*

*First Vice-President: Harris Honickman
Recording Secretary: Nina Klionsky*

Second Vice-President: Steve Teitel

July's President's Message

Friends,

As I am typing this, it has just been announced that the US has bombed Iran. I have no idea how the situation will stand by the time you are reading this in a week and a half. The news outlets seem to be more interested in the doings or deaths of celebrities than in this greatly expanded war. The online commentaries I've seen appear to be competing propaganda rather than serious analysis. I am not going to promote my own political views, which I'm sure is a relief to many of you. I only want to express my pain and anxiety at the expansion of potential bloodshed in Israel and in the world, and also my feeling of helplessness in the face of these events.

Traditionally, when Jews have been faced with personal or communal crisis we have looked to Heaven for help. One set of prayers for asking for help is Tachanun (translated as "supplication"). These prayers are recited on most weekdays in the morning and afternoon, right after the Amidah. They are not said on Shabbat or on joyous occasions. They're also not said in a house of mourning, because they would make things too sad. When said in the presence of a Torah scroll, the prayer is said leaning forward with your head against your left forearm, mimicking the posture of prostration in the Temple. Tachanun is mentioned in the Talmud, but the current form of the prayers was set in the middle ages. There is a lot of variation between different groups of Jews, but we all have some form of it.

A part of Tachanun which seems to be aimed more at communal danger, is the paragraph "Shomer Yisrael" in which we ask G-d to preserve the remnant of Israel, a unique and holy people, and let them not perish. Some of you may remember that during the first Gulf War (when Israel was being bombarded and not shooting back) that various rabbinic groups were encouraging people to recite Shomer Yisrael. I have found recitation of Shomer Yisrael to be a comfort.

On a happier note, our congregation is preparing for our first ever Miniature Golf outing. Look for the announcement on page 2 in this bulletin. I am looking forward to it.

I'm also looking forward to seeing you in Shul.

See you at shul,
Leon Metlay

SHABBAT SERVICES

BHBI has in-person **Shabbat Morning Services**, each Saturday at 9:30 AM. All attendees over 5 years of age must be vaccinated against Covid. All attendees over 3 years of age must wear a face mask, unless sitting in the "unmasking" section of the sanctuary. Masks are available in the sanctuary for those who need.

Temple Beth El has **Shabbat Evening Services** on Fridays at 6 PM. Services are in-person at Temple Beth El, in the TBE Chapel, and live-streamed on Zoom. For the Zoom link and other details, visit the Beth El website: <https://www.tberochester.org/pray/virtual-services/>

BHBI Website: www.BHBIRochester.org

BHBI CALENDAR OF EVENTS – JULY 2025

Friday	July 4	6:00 PM	Erev Shabbat with Temple Beth El in the TBE chapel and on Zoom – see page 1 for further information (light candles 8:35 PM)
Saturday	July 5	9:30 AM	Shabbat Morning Service at BHBI Torah: Chukat <i>Kiddish with Temple Beth El following service</i>
Sunday	July 6	9:00 AM	Service live streamed, visit www.BHBIRochester.org for the Zoom link
Friday	July 11	6:00 PM	Erev Shabbat with Temple Beth El in the TBE chapel and on Zoom – see page 1 for further information (light candles 8:32 PM)
Saturday	July 12	9:30 AM	Shabbat Morning Service at BHBI Torah: Balak
Sunday	July 13	9:00 AM	Service live streamed, visit www.BHBIRochester.org for the Zoom link
Monday	July 14	7:30 PM	BHBI Board of Trustees Meeting on Zoom
Friday	July 18	6:00 PM	Erev Shabbat with Temple Beth El in the TBE chapel and on Zoom – see page 1 for further information (light candles 8:27 PM)
Saturday	July 19	9:30 AM	Shabbat Morning Service at BHBI Torah: Pinchas <i>Kiddish luncheon following service in BHBI's kiddish room</i>
Sunday	July 20	9:00 AM	Service live streamed, visit www.BHBIRochester.org for the Zoom link
Friday	July 25	6:00 PM	Erev Shabbat with Temple Beth El in the TBE chapel and on Zoom – see page 1 for further information (light candles 8:21 PM)
Saturday	July 26	9:30 AM	Shabbat Morning Service at BHBI Torah: Matot-Massei
Sunday	July 27	9:00 AM	Service live streamed, visit www.BHBIRochester.org for the Zoom link

THANK YOU TO OUR JUNE KIDDUSH SPONSOR

Esther and Hermann Vogelstein in memory of their father Max Vogelstein

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THANK YOU FOR YOUR GENEROSITY!

In memory of Irving Gold
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In memory of Robert Baker
Sue Baker

In memory of Esther Walder Kionsky and Nelli Abuwa Metlay
Nina Klionsky and Leon Metlay

In memory of Tanya Block
Cathy Block

BHBI GOLF OUTING!!

Join us on Sunday, August 17, 3pm for the first annual BHBI mini golf tournament at Whispering Pines Miniature Golf, 4353 Culver Road, SeaBreeze, NY. Whispering Pines, renovated in 2012, is next door to the original Parkside's Whispering Pines Miniature Golf, which opened in 1930 and is listed on the National Register of Historic Places as the oldest miniature golf course in the United States. The cost is \$10 per person, paid at the door. Email the shul at BHBIRochester@gmail.com if you plan to come and if you wish to carpool.



Yahrzeits

At the following Shabbat Services we will read the names of our late loved ones whose Yahrzeits will occur on that Shabbat or during the following week.

July 4-5	Tamuz	July 11-12	Tamuz	July 18-19	Tamuz	July 25-26	Av
Sarah Schnidman*	9	Yetta Goldman*	16	Max Goodman*	23	Sidney Gold	1
Rabbi Aaron Solomon*	9	Sheila Kleinstein*	16	David Gordon*	23	Louis Schiff*	1
Eva Krinsky*	10	Sarah Markin*	16	Nelli Ahuva Metlay*	24	Benjamin Bobb	2
Esther Walder Klionsky	11	Sam Hector*	20	Ira Edward Potter*	24	Joseph Greenbaum*	2
Phillip Morrow*	11	Harry Sarachan*	20	Inge Schaffer	24	Moses Berkowitz*	3
Rochli Rothschild*	11	Rose Schiff*	20	Thelma Ring Smith*	25	Kathy Shur	5
Gad Strubel*	13	Louis Edelson*	21	Irwin Bertman*	26	Julian Sugarman	7
Rachel Strauss*	14	Bernard Sallerson*	21	Oscar Hart	27	*Denotes name memorialized on BHBI Memorial Plaque	
Rachel Morris*	14			Mark Rose	27		
Sarah Singer*	15			Abraham Schriba*	27		
				Hyman Tanenbaum*	28		
				Celia Silverstein*	29		

We pray that our mourners will be comforted among all the mourners of Zion and Jerusalem and that the memory of the deceased continues to be a blessing to all who knew them.

MEMORIAL PLAQUES

You can memorialize a friend or loved one on a BHBI memorial plaque. Our memorial plaques are very reasonably priced. For more information, contact Ira Cohen at BHBIRochester@gmail.com.

CEMETERY PLOTS

Did you know that BHBI has designated sections at Stone Road, Britton Road and Mt. Hope Cemeteries and that we sell cemetery plots? If you would like more information, contact Steve Teitel at BHBIRochester@gmail.com.

AD SPONSORS

We are always looking for additional businesses that are interested in placing an ad in the BHBI Bulletin. If you know of someone whose business or company may be interested, contact Ira Cohen at 943-1040 or by e-mail at gouldron@aol.com

TORAH READERS WANTED!

Would you like to learn how to chant the Torah at services? We have several members who would be happy to tutor you! Why not give it a try? You'd be helping out the Congregation and doing a mitzvah at the same time! Contact the shul at BHBIRochester@gmail.com if you are interested.

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585-405-3233 (text only)

OFFICE: The synagogue office is checked regularly for mail and messages. Snail mail must be sent to P.O. Box 20891, Rochester, NY 14602. The synagogue phone is 244-2060. For urgent issues, call Steve Teitel at 473-5741 or Harris Honickman at 271-5145. You can also e-mail us at BHBIRochester@gmail.com

WANT TO REMEMBER OR HONOR SOMEONE OR A SPECIAL OCCASION? *Consider sponsoring a kiddush or making a donation to any one of our funds* (General Fund, Kiddush Fund, Harry Rogachefsky BHBI Building Fund, Torah Fund, Rabbi Aaron Solomon Scholarship Fund, Special Events Fund or the Sam Malina Memorial Fund). Please indicate which fund you would like your donation to go to and we will send out an acknowledgement card as you indicate and print an announcement in this bulletin. A standard sponsored kiddush at BHBI costs just \$40 while a larger enhanced kiddush is just \$50.

BULLETIN CONTENT What do you enjoy reading in the BHBI Bulletin? Is there something that you would like added (or taken out)? If so, please let Steve Teitel know. We always appreciate feedback.

DID YOU MISPLACE YOUR BULLETIN? Don't worry. BHBI Bulletins going back several years can now be found on our web page: www.BHBIRochester.org

WANT TO GET YOUR BULLETIN HOT-OFF-THE-PRESS? Consider having us e-mail it to you! Contact Steve Teitel at: BHBIRochester@gmail.com

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